PINE RIVER BACKUS FAMILY CENTER May 2024 "HAPPENINGS"

245 Barclay Ave, P.O. Box 1, Pine River, Mn. 56474 (218)587-4292

Office Hours: Monday - Thursday 8-4 p.m., Friday 8-3 p.m.

<u>Pine River Area Food Shelf</u>: Is open Tuesday and Friday from 10-1 p.m. except the 2nd Tuesday, May 14th, 3:00 - 6:00 pm.

<u>Pine River-Backus CommUnity Meals</u>: A local collaborative which provides a free weekly meal for anyone who is hungry. Please stop by to pick up your boxed meal each Monday at the Riverview Church in Pine River or each Thursday at the Backus Pine Mountaineer Senior Center. Serving time is 4:00 p.m. – until gone. For more information, please call the Family Center at 218-587-4292.

<u>The Family Centers Home Visiting Program</u>: Are you pregnant? Could you use a little extra help with your questions around your pregnancy and about your child's growth and development? The Family Centers Home Visiting Program has immediate openings for families who would like additional support. **Free Swag Bags** are available to all families who are expecting a baby that live in the Pine River-Backus school district.

CFPS/NAPS: Pick up is May 21st, from 10a.m. - 1:00 p.m.

WIC: Please call Cass County Public Health at 218-547-6872 for information for an appointment or questions.

<u>Family Planning</u>: Monday, May 13th, please call (877) 275-6123 to schedule an appointment or for more information.

<u>Child and Teen Check-Ups</u>: Please call Cass County Public Health at 547-6872 for an appointment or questions.

<u>Justice Bus 60+</u>: The Justice Bus 60+ mobile legal aid office will be at the Pine River Area Food Shelf on Tuesday, May 21st, from 10am – 1pm. No appointment is necessary. If you have questions, please call 1-888-360-2889.

Donations to the Pine River-Backus Family Center are always welcome and help us to continue to support our families we serve.



"Strengthening Families & Building a Stronger Community" Like us on Facebook!

www.prbfamilycenter.org

MAY CURRENT NEEDS LIST



218-587-4292

CEREAL
FLOUR
SPICES
PASTA
SPAGHETTI SAUCE
COFFEE

TOOTHPASTE
LAUNDRY SOAP
DISH SOAP
TOILET PAPER
PAPER TOWELS



MINNESOTA POWER'S AFFORDABILITY PROGRAMS

Minnesota Power will be at the Pine River Area Food Shelf on Tuesday, May 21, 10am-1pm. They will be sharing information about ways to lower your electric bill, and will be handing out free energy-saving items to customers.

Come say hello and learn about resources to help you now and long-term.





FREE LEGAL HELP

The Justice Bus is coming to the

PINE RIVER AREA FOOD SHELF

On May 21, 2024 from 10 a.m. to 1 p.m. the Justice Bus will be at the Pine River Area Food Shelf, 245 Barclay Ave., Pine River. Justice Buses are mobile legal aid offices that travel to rural areas.

If you are 60 years or older and reside in Cass County, you can get free help with legal problems involving Medicare, Social Security, eviction or other housing problems, public benefits, such as medical assistance, food support and fuel assistance, family law issues, including domestic abuse and income maintenance, nursing home problems, home care services, powers of attorney, health care directives and debt collection. NO help is provided for criminal matters, wills, estate planning, or real estate transactions.

If you have any questions, please call our office at 1-888-360-2889.